

VJK KB Diksmuide 26: Session: 6: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Ryckeman Brian

Coaches: Taveirne Bea HEADCOACH

Coaches: Valcke Rik

Coaches: Vercooren cheyenne

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 65: 400M MEDLEY MEN 15-16							Heat:1, starttime: 14:30	
Heat: 1/2 Lane : 7 Athlete: QUARTIER MATISSE							Q-time: 05:17:36	
PB (25m pool): 05:19.71 Diksmuide 09/03/2025				PB (50m pool): 05:17.36SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.49		01:14.69		01:56.15		02:36.77
	00:34.49		00:40.20		00:41.46		00:40.62	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:23.25		04:11.84		04:46.58		05:19.71
	00:46.48		00:48.59		00:34.74		00:33.13	
								

Coach feedback:

Event number: 67: 100M MEDLEY MEN 13-14							Heat:2, starttime: 14:56	
Heat: 2/5 Lane : 2 Athlete: VANDEVIJVERE LARS							Q-time: 01:18:51	
PB (25m pool): 01:18.51 Diksmuide 28/12/2025							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:37.09		01:18.51				
	00:37.09		00:41.42					
								

Coach feedback:

Event number: 68: 100M MEDLEY WOMEN 13-14							Heat:2, starttime: 15:06	
Heat: 2/4 Lane : 6 Athlete: DEVUYST OONA							Q-time: 01:12:43	
PB (25m pool): 01:12.43 Zwevegem 31/05/2026				PB (50m pool): no time SB: 01:14.44 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:33.15		01:12.43				
	00:33.15		00:39.28					
								

Coach feedback:

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Event number: 71: 100M BUTTERFLY MEN 13-14					Heat:4, starttime: 15:28
Heat: 4/4 Lane : 2 Athlete: DEVOS MATHIS					Q-time: 01:08:23
PB (25m pool): 01:08.86 LAGO Zwevegem 25/05/2026					PB (50m pool): 01:08.23 SB: 01:09.80 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.15		01:08.86	
	00:32.15		00:36.71		
					

Coach feedback:

Event number: 74: 100M FREESTYLE WOMEN 15-16					Heat:4, starttime: 15:56
Heat: 4/7 Lane : 4 Athlete: DEPAEPE ELIZE					Q-time: 01:01:42
PB (25m pool): 01:01.42 LAGO Zwevegem 25/05/2026					PB (50m pool): 01:01.80 SB: 01:01.77 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.61		01:01.42	
	00:29.61		00:31.81		
					

Coach feedback:

Event number: 74: 100M FREESTYLE WOMEN 15-16					Heat:6, starttime: 16:00
Heat: 6/7 Lane : 6 Athlete: CLAEYS DITTE					Q-time: 00:59:20
PB (25m pool): 00:59.20 LAGO Zwevegem 25/05/2026					PB (50m pool): 00:59.56 SB: 00:59.36 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.44		00:59.20	
	00:28.44		00:30.76		
					

Coach feedback:

Event number: 76: 200M BREASTSTROKE WOMEN 13-14							Heat:1, starttime: 16:21	
Heat: 1/3 Lane : 2 Athlete: DEVUYST OONA							Q-time: 03:04:75	
PB (25m pool): 03:04.75 Ieper 04/01/2026							PB (50m pool): 03:07.58SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.94		01:27.73		no time		03:04.75
	00:40.94		00:46.79					
								

Coach feedback: